

# How to find your strap size.

Print this page at 100%. Do not scale to fit.  
[To make sure you printed at 100%, use the scale at the bottom of the page as a reference.]

1

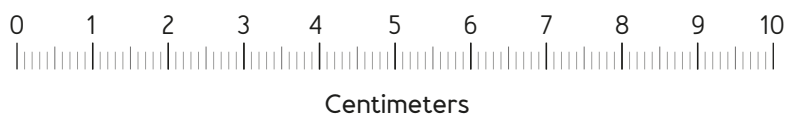
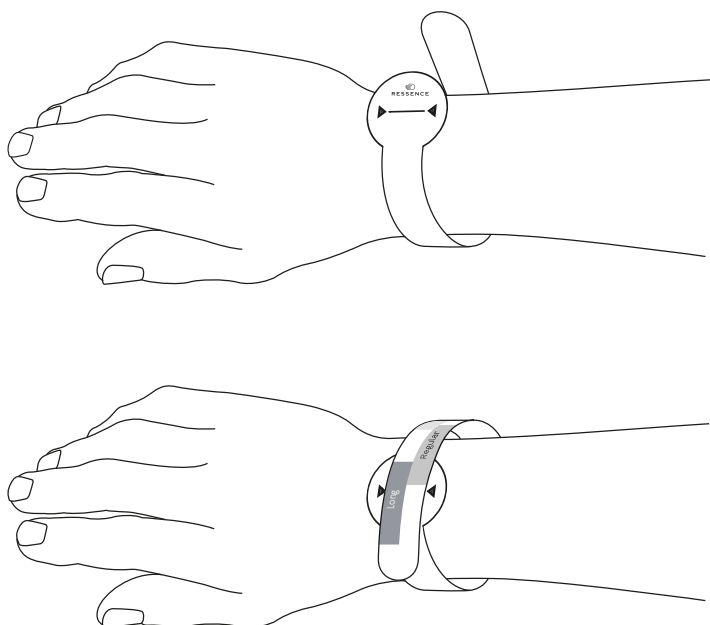
Cut the tool with scissors. Then position the “head” where you would wear your watch. For a more accurate measurement, you can use a piece of sticky tape to hold the “head” in place.

2

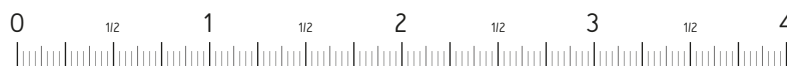
Wrap the tool tightly around your wrist, keeping it in place where you would wear your watch. Make sure the tool feels snug and doesn’t slide up or down.

3

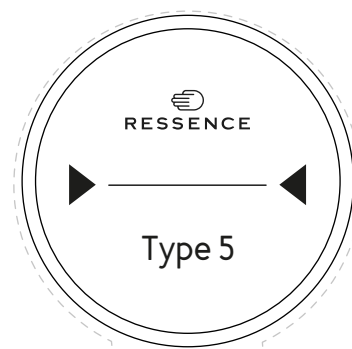
Note the size (short, regular, long) the arrows point to. That is your strap size.



Centimeters



Inches



For Type 5 Only

short

Regular

Long